



Fall 2017

## Academic Strategies Workshops

The Academic Strategies workshops give you advanced tools for tackling the complex demands of university coursework. Learn high impact strategies that will help you master your course content, manage multiple deadlines, and boost your academic performance.

**Note: Individual Workshops and Workshop packages available.**

Time Management	Dates	Times
Think you have to study 24/7 to ace university? Not so. Learn how to maximize your learning by effectively structuring your study time with practical weekly and monthly schedules. <b>Bring your course outlines. (\$40)</b>	Sat., Sept. 9	9 a.m. – 11 a.m.
	Mon., Sept. 11	5:30 p.m. – 7:30 p.m.

Study Strategies	Dates	Times
Does it feel like you study for hours without learning anything? Discover practical strategies for reading, note-taking, and remembering to help you study efficiently and effectively. <b>Bring your course outlines. (\$40)</b>	Wed., Sept. 13	5:30 p.m. – 7:30 p.m.
	Sat., Sept. 16	1 p.m. – 3 p.m.

Engaging Presentations	Dates	Times
Learn how to develop and deliver dynamic, engaging presentations. This three-hour session covers presentation organization and formats, verbal and non-verbal communication tips, vocal techniques, PowerPoint design and use, and more. <b>(\$50)</b>	Sat., Sept. 16	9 a.m. – Noon
	Sat., Oct. 28	8:30 a.m. – 11:30 a.m.

Exam Management	Dates	Times
How do you prep for mid-terms while keeping up with your coursework? Or, stop stress from sabotaging your exam performance? Learn how to manage exams successfully during a busy term. <b>Bring your course outlines. (\$50)</b>	Sat., Sept. 23	9 a.m. – Noon
	Wed., Sept. 27	5:30 p.m. – 8:30 p.m.

**-See reverse for more workshops-**

Individual Consultations
In these 45-50 minute appointments, receive individualized expert help with your academic concerns, from writing, time management, and exams to studying, reading, and presentations. <b>(\$25/session or \$60/3 sessions)</b>
Appointments must be scheduled in advance.

All fees include GST

**Pre-registration is required for all workshops & consultations**

Register at 2-300 SUB or call 780.492.2682. For details visit: [www.studentsuccess.ualberta.ca](http://www.studentsuccess.ualberta.ca)



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Managing Major Projects	Dates	Times
Balancing your coursework, research, projects, and personal life can be difficult, especially when dealing with procrastination. Learn practical scheduling strategies to help you become more productive and less stressed, as well as strategies for dealing with distractions. <b>(\$40)</b>	Tues., Sept. 26	9 a.m. – 11 a.m.
<u>Note:</u> Ideal for senior undergraduates and graduate students.		
The ABC's of Multiple Choice	Dates	Times
Having problems with multiple choice exams? Learn how to prepare for, read, interpret, and master this challenging exam format at the university level. <b>(\$40)</b>	Sat., Sept. 30	9 a.m. – 11 a.m.
	Thurs., Oct. 26	5:30 p.m. – 7:30 p.m.
Reading Research Papers	Dates	Times
Do you need to sort through numerous research papers and remember the main focus of each? Learn to become effective in your reading, manage multiple sources, and make the most of your time and effort. <b>(\$40)</b>	Tues., Oct. 3	9 a.m. – 11 a.m.
<u>Note:</u> Ideal for senior undergraduates and graduate students.		
Final Exam Planning	Dates	Times
Are you ready for your final exams? Plan your studying, and learn how to deal with multiple final exams in this hands-on workshop. <b>Bring your course outlines, exam topics, and exam dates. (\$40)</b>	Sat., Nov. 4	9 a.m. – 11 a.m.
	Wed., Nov. 8	5:30 p.m. – 7:30 p.m.

### Strategies for Academic Success Packages\*

- Plan for success with five workshops scheduled to keep you on track through the term: Time Management, Study Strategies, Exam Management, The ABC's of Multiple Choice, and Final Exam Planning. Students will also receive one complimentary individual consultation. **(\$175)**
- For Academic Bootcamp Participants: Build on your Academic Bootcamp head start with Exam Management, The ABC's of Multiple Choice, and Final Exam Planning workshops. Students will also receive one complimentary individual consultation. **(\$105)**

**\*In-person or phone registration only.**

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